



## Allegheny Children's Initiative, Inc.

### FAMILY BASED MENTAL HEALTH SERVICES

Family Based Mental Health Services is an intensive, in-home service for children / adolescents and their families who are experiencing significant emotional or behavioral issues. The main goal of Family Based is to help parents care for their children in their homes and prevent out-of home placement. Services are child-centered, family-focused and voluntary in nature. Family Based attempts to empower families through strength-based, systems approach to treatment and seeks to extend family and community supports as well.

#### OBJECTIVE

- ✓ Strengthen and keep families together
- ✓ Improve communication, problem-solving and stress management skills
- ✓ Improve / increase coping skills with all family members
- ✓ Teach and promote parenting skills
- ✓ Provide advocacy for children in home, school and community
- ✓ Empower families to access services and natural supports

#### GUIDING PRINCIPLES

- ✓ Team-delivered services
- ✓ Strength-based, child and family focused approach to treatment
- ✓ Global, family-system assessment
- ✓ School and community advocacy
- ✓ Case coordination and collaboration with other services
- ✓ Crisis management 24 / 7

#### REFERRAL INFORMATION

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